

take control of your health... naturally



# :: SEMINAR ::

## NATURALLY CLEAR YOUR HEAD FROM SINUS & HEADACHES

This workshop is specifically designed for massage therapists. In this 6 hour hands on seminar they will increase their technical skills on how to work on their clients to alleviate Sinus and Headache pressure. They will utilize aromatherapy, cold stones, myofascial and trigger point therapy techniques. Specifically they learn techniques that will help their clients relieve sinus and headache pressure. Learn techniques on how to release sinus and headaches for your clients using Cold Stones and Aromatherapy natural products.

DATE :	Jan. 19, 2018
TIME :	9am-4pm
INSTRUCTOR :	Debra A. Keller, LMT, NCTMB
LOCATION:	422 Louisiana Ave, Perrysburg, Ohio
COST:	\$195 plus supplies
Early Registration	\$145 plus supplies



# :: REGISTER ::

Visit [www.hmhwellness.com](http://www.hmhwellness.com) and register under Training & Consulting, Naturally Clear Your Head from Sinus & Headaches

Pay online or mail payments to HMH Wellness Center, Inc., 418 Louisiana Ave, Perrysburg, OH 43551

