

Continuing Professional Development for Massage and Manual Therapists: **Addressing Upper Extremity Nerve Entrapment Syndromes**

NCBTMB Approved for 8 CE Hours

Taught by Bob McAtee, LMT, BCTMB, CSCS



Pain or numbness radiating into the arm and hand, or hand weakness, are common complaints from massage clients. This intensive one-day seminar provides training in understanding, assessing, and treating suspected nerve entrapment conditions.

This course extensively reviews the major nerve pathways of the upper extremity, including the most common nerve entrapment sites for the brachial plexus, and the median, ulnar, and radial nerves; reviews basic neural assessment tests, including Adson's test for scalene and first rib involvement, Eden's test for costoclavicular syndrome, Wright's test for pectoralis minor syndrome, ulnar tunnel tests, and median nerve tests for pronator teres syndrome and carpal tunnel syndrome. Nerve glide protocols are used to enhance assessment of the median, ulnar, and radial nerve.

This seminar includes demonstration and extensive supervised practice in the application of effective soft-tissue interventions, including pin and stretch, transverse friction, and facilitated stretching, to help alleviate these conditions.

At the end of this seminar, therapists will have the knowledge and practical experience necessary to identify, assess, and treat the most common entrapment syndromes of the upper extremity, leading to better treatment outcomes, happier clients, and a more profitable practice.

Where: HMH Wellness Center, Maumee, OH <https://www.hmhwellnesscenter.com/>

When: Tuesday, August 10, 2021, 9:00am-6pm

Phone: 419.874.4640

Email: info@hmhwellnesscenter.com

Early registration \$185 (by August 1, 2021), after that \$225

Bob McAtee is proud to be sponsored by Cryoderm.

